



1 Cameron Hill Circle | Chattanooga, TN 37402

Find Your Important Plan Materials Online

We're sharing more info digitally than ever before. Your online member account is the fastest way to stay updated.

To get started, go to **bcbstmedicare.com/yourmaterials**. Then log in to or create your account. You'll need your **Subscriber ID** and **Group Number**. You can find both on your Member ID card.

Once you're signed in, you can:

- › See what benefits are changing next year in our Annual Notice of Changes (ANOC) — available **Oct. 1, 2025**.
- › Find a doctor, hospital or pharmacy in our network — available **Oct. 15, 2025**.
- › View a copy of our Evidence of Coverage (EOC) — available **Oct. 15, 2025**.
- › Check your claims and balances anytime.
- › See if your prescriptions are on our covered drug list, or formulary (if your plan includes Part D drug benefits) — available **Oct. 15, 2025**.
- › Sign up to get texts and emails from us. Just select **Account** in the top menu. Then go to **Communication Settings**.

Let us know if you:

- › Need help finding a network provider or pharmacy.
- › Want more information about the ANOC, EOC or drugs we cover (if your plan includes Part D drug benefits).

Just give us a call at the Member Service number on the back of your Member ID card. You can also opt out of phone calls about your plan and request plan materials in print.

Member Service: 8 a.m. to 9 p.m. ET, 7 days a week (**Oct. 1–March 31**); 8 a.m. to 9 p.m. ET, M–F (**April 1–Sept. 30**). BlueCross BlueShield of Tennessee, Inc. complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex¹. ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-800-831-2583 (TTY: 711) or speak to your provider. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-800-831-2583 (TTY: 711) o hable con su proveedor.

تنبيه: إذا كنت تتحدث اللغة العربية، فستوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم 1-800-831-2583 (الهاتف النصي: 711) أو تحدث إلى مقدم الخدمة.

¹ Consistent with the scope of sex discrimination described at 45 CFR 92.101(a)(2)

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Notice of Availability of Language Assistance Services and Auxiliary Aids and Services

ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-800-831-2583 (TTY: 711) or speak to your provider.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-800-831-2583 (TTY: 711) o hable con su proveedor.

LUU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 1-800-831-2583 (Người khuyết tật: 711) hoặc trao đổi với người cung cấp dịch vụ của bạn.

주의: [한국어]를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 1-800-831-2583 (TTY: 711)번으로 전화하거나 서비스 제공업체에 문의하십시오.

注意: 如果您说[中文], 我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务, 以无障碍格式提供信息。致电 1-800-831-2583 (文本电话: 711) 或咨询您的服务提供商。

ध्यान आपो: જો તમે ગુજરાતી બોલતા હો તો મફત ભાષાકીય સહાયતા સેવાઓ તમારા માટે ઉપલબ્ધ છે. યોગ્ય ઓફિસરી સહાય અને અકસેસિબલ ફોર્મેટમાં માહિતી પૂરી પાડવા માટેની સેવાઓ પણ વિના મૂલ્યે ઉપલબ્ધ છે. 1-800-831-2583 (TTY: 711) પર કોલ કરો અથવા તમારા પ્રદાતા સાથે વાત કરો.

ATTENTION : Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-800-831-2583 (TTY : 711) ou parlez à votre fournisseur.

ማሳሰቢያ:- አማርኛ የሚናገሩ ከሆነ፣ የቋንቋ ድጋፍ አገልግሎት በነፃ ይቀርባል፡፡ መረጃን በተደራሽ ቅርጽ ለማቅረብ ተገቢ የሆኑ ተጨማሪ አገዛዎች እና አገልግሎቶች እንዲሁ በነፃ ይገኛሉ፡፡ በስልክ ቁጥር 1-800-831-2583 (TTY: 711) ደደውሉ ወይም አገልግሎት አቅራቢዎን ያነጋግሩ፡፡

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध हैं। 1-800-831-2583 (TTY: 711) पर कॉल करें या अपने प्रदाता से बात करें।

ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-800-831-2583 (TTY: 711) или обратитесь к своему поставщику услуг.

تنبيه: إذا كنت تتحدث اللغة العربية، فستوفر لك خدمات المساعدة اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم 1-800-831-2583 (الهاتف النصي: 711) أو تحدث إلى مقدم الخدمة.

توجه: اگر [وارد کردن زبان] صحبت می کنید، خدمات پشتیبانی زبانی رایگان در دسترس شما قرار دارد. همچنین کمک ها و خدمات پشتیبانی مناسب برای ارائه اطلاعات در قالب های قابل دسترس، به طور رایگان موجود می باشند. با شماره 1-800-831-2583 (تله تایپ: 711) تماس بگیرید یا با ارائه دهنده خود صحبت کنید.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistentendienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 1-800-831-2583 (TTY: 711) an oder sprechen Sie mit Ihrem Provider.

注: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。アクセシブル (誰もが利用できるよう配慮された) な形式で情報を提供するための適切な補助支援やサービスも無料でご利用いただけます。1-800-831-2583 (TTY: 711) までお電話ください。または、ご利用の事業者にご相談ください。

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang a dispozisyon w gratis. Èd ak sèvis oksilyè apwopriye pou bay enfòmasyon nan fòm aksesib yo a dispozisyon gratis tou. Rele nan 1-800-831-2583 (TTY: 711) oswa pale avèk founisè swen w lan.

ATENÇÃO: Se você fala [Português], serviços gratuitos de assistência linguística estão disponíveis para você. Auxílios e serviços auxiliares apropriados para fornecer informações em formatos acessíveis também estão disponíveis gratuitamente. Ligue para 1-800-831-2583 (TTY: 711) ou fale com seu provedor.

ເຊີນຊາບ: ຖ້າທ່ານເວົ້າພາສາ ລາວ, ຈະມີບໍລິການຊ່ວຍດ້ານພາສາແບບບໍ່ເສຍຄ່າໃຫ້ທ່ານ, ມີເຄື່ອງຊ່ວຍ ແລະ ການບໍລິການແບບບໍ່ເສຍຄ່າທີ່ເໝາະສົມເພື່ອໃຫ້ຂໍ້ມູນໃນຮູບແບບທີ່ສາມາດເຂົ້າເຖິງໄດ້. ໂທຫາເບີ 1-800-831-2583 (TTY: 711) ຫຼື ລົມກັບຜູ້ໃຫ້ບໍລິການຂອງທ່ານ.

PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyonang tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-800-831-2583 (TTY: 711) o makipag-usap sa iyong provider.



BlueCross BlueShield of Tennessee, Inc., an Independent Licensee of the Blue Cross Blue Shield Association

BlueAdvantage Extra (PPO)SM offered by BlueCross BlueShield of Tennessee, Inc.

Annual Notice of Change for 2026

You're enrolled as a member of BlueAdvantage Extra.

This material describes changes to our plan's costs and benefits next year.

- **You have from October 15 – December 7 to make changes to your Medicare coverage for next year.** If you don't join another plan by December 7, 2025, you'll stay in BlueAdvantage Extra (PPO)
- To change to a **different plan**, visit www.Medicare.gov or review the list in the back of your *Medicare & You 2026* handbook.
- Note this is only a summary of changes. More information about costs, benefits, and rules is in the *Evidence of Coverage*. Get a copy at bcbstmedicare.com or call Member Service at **1-800-831-2583** (TTY users call **711**) to get a copy by mail.

More Resources

- Call Member Service at **1-800-831-2583** (TTY users call **711**). Hours are from **Oct. 1 to March 31**, you can call us seven days a week from 8 a.m. to 9 p.m. ET. From **April 1 to Sept. 30**, you can call us Monday through Friday from 8 a.m. to 9 p.m. ET. This call is free.
- This material is also available in alternate formats (e.g., braille, large print, audio).

About BlueAdvantage Extra

- BlueAdvantage is a PPO plan with a Medicare contract. Enrollment in BlueAdvantage depends on contract renewal.
- When this material says “we,” “us,” or “our,” it means BlueCross BlueShield of Tennessee, Inc. When it says “plan” or “our plan,” it means BlueAdvantage Extra.
- **If you do nothing by December 7, 2025, you’ll automatically be enrolled in BlueAdvantage Extra (PPO).** Starting January 1, 2026, you’ll get your medical and drug coverage through BlueAdvantage Extra (PPO). Go to Section 3 for more information about how to change plans and deadlines for making a change.

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Summary of Important Costs for 2026

	2025 (this year)	2026 (next year)
Monthly plan premium* * Your premium can be higher or lower than this amount. Go to Section 1.1 for details.	\$26	\$27.60
Maximum out-of-pocket amount This is the <u>most</u> you'll pay out-of-pocket for covered Part A and Part B services. (Go to Section 1.2 for details.)	From network providers: \$4,200 From network and out-of-network providers combined: \$9,550	From network providers: \$5,100 From network and out-of-network providers combined: \$9,550
Primary care office visits	In-Network: \$0 copay per visit Out-of-Network: \$10 copay per visit	In-Network: \$0 copay per visit Out-of-Network: 50% of the Medicare-allowed amount of the Medicare-allowed amount per visit
Specialist office visits	In-Network: \$25 copay per visit Out-of-Network: \$30 copay per visit	In-Network: \$25 copay per visit Out-of-Network: 50% of the Medicare-allowed amount of the Medicare-allowed amount per visit

	2025 (this year)	2026 (next year)
Inpatient hospital stays Includes inpatient acute, inpatient rehabilitation, long-term care hospitals, and other types of inpatient hospital services. Inpatient hospital care starts the day you're formally admitted to the hospital with a doctor's order. The day before you're discharged is your last inpatient day.	In-Network: Medicare-covered stay \$195 copay per day for days 1-5 \$0 copay per day for additional days Out-of-Network: Medicare-covered stay \$295 copay per day for days 1-5 \$0 copay per day for additional days	In-Network: Medicare-covered stay \$235 copay per day for days 1-5 \$0 copay per day for additional days Out-of-Network: Medicare-covered stay 50% of the Medicare-allowed amount per admission
Part D drug coverage deductible (Go to Section 1.7 for details.)	Deductible: \$590	Deductible: \$615
Part D drug coverage (Go to Section 1.7 for details, including Yearly Deductible, Initial Coverage, and Catastrophic Coverage Stages.) *The amount you pay is determined by the covered Part D prescription and your low-income subsidy coverage. Please refer to your LIS Rider for the specific amount you pay.	Copayment/ Coinsurance during the Initial Coverage Stage: Drug Tier 1: Generic and Brand Drugs: Standard cost sharing: 25% coinsurance OR Generic: \$0 to \$4.90 copay* Brand: \$0 to \$12.15 copay You pay no more than \$35 per one-month	Copayment/ Coinsurance during the Initial Coverage Stage: Drug Tier 1: Generic and Brand Drugs: Standard cost sharing: 25% coinsurance OR Generic: \$0 to \$5.10 copay* Brand: \$0 to \$12.65 copay* You pay no more than \$35 per one-month

	2025 (this year)	2026 (next year)
	<p>supply of each covered insulin product on this tier.</p> <p>Catastrophic Coverage Stage: During this payment stage, you pay nothing for your covered Part D drugs.</p>	<p>supply of each covered insulin product on this tier.</p> <p>Catastrophic Coverage Stage: During this payment stage, you pay nothing for your covered Part D drugs.</p>

SECTION 1 Changes to Benefits & Costs for Next Year

Section 1.1 Changes to the Monthly Plan Premium

	2025 (this year)	2026 (next year)
Monthly plan premium (You must also continue to pay your Medicare Part B premium.)	\$26	\$27.60

Factors that could change your Part D Premium Amount

- Late Enrollment Penalty - Your monthly plan premium will be *more* if you're required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that's at least as good as Medicare drug coverage (also referred to as creditable coverage) for 63 days or more.
- Higher Income Surcharge - If you have a higher income, you may have to pay an additional amount each month directly to the government for Medicare drug coverage.
- Extra Help - Your monthly plan premium will be *less* if you get Extra Help with your drug costs. Go to Section 1.7 for more information about Extra Help from Medicare.

Section 1.2 Changes to Your Maximum Out-of-Pocket Amount

Medicare requires all health plans to limit how much you pay out-of-pocket for the year. This limit is called the maximum out-of-pocket amount. Once you've paid this amount, you generally pay nothing for covered Part A and Part B services for the rest of the calendar year.

	2025 (this year)	2026 (next year)
In-network maximum out-of-pocket amount	\$4,200	\$5,100

	2025 (this year)	2026 (next year)
Your costs for covered medical services (such as copayments) from network providers count toward your in-network maximum out-of-pocket amount. Our plan premium and your costs for prescription drugs don't count toward your maximum out-of-pocket amount.		Once you've paid \$5,100 out-of-pocket for covered Part A and Part B services, you'll pay nothing for your covered Part A and Part B services from network providers for the rest of the calendar year.
Combined maximum out-of-pocket amount Your costs for covered medical services (such as copayments) from in-network and out-of-network providers count toward your combined maximum out-of-pocket amount. Your plan premium and costs for outpatient prescription drugs don't count toward your maximum out-of-pocket amount for medical services.	\$9,550	\$9,550 Once you've paid \$9,550 out-of-pocket for covered Part A and Part B services, you'll pay nothing for your covered Part A and Part B services from network or out-of-network providers for the rest of the calendar year.

Section 1.3 Changes to the Provider Network

Our network of providers has changed for next year. Review the 2026 *Provider Directory* bcbst.sapphirecareselect.com to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network. Here's how to get an updated *Provider Directory*:

- Visit our website at bcbst.sapphirecareselect.com.
- Call Member Service at **1-800-831-2583** (TTY users call **711**) to get current provider information or to ask us to mail you a *Provider Directory*.

We can make changes to the hospitals, doctors, and specialists (providers) that are part of our plan during the year. If a mid-year change in our providers affects you, call Member Service at **1-800-831-2583** (TTY users call **711**) for help.

Section 1.4 Changes to the Pharmacy Network

Amounts you pay for your prescription drugs can depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered *only* if they are filled at one of our network pharmacies.

Our network of pharmacies has changed for next year. Review the 2026 *Pharmacy Directory* bcbst.sapphirecareselect.com to see which pharmacies are in our network. Here's how to get an updated *Pharmacy Directory*:

- Visit our website at bcbst.sapphirecareselect.com.
- Call Member Service at **1-800-831-2583** (TTY users call **711**) to get current pharmacy information or to ask us to mail you a *Pharmacy Directory*.

We can make changes to the pharmacies that are part of our plan during the year. If a mid-year change in our pharmacies affects you, call Member Service at **1-800-831-2583** (TTY users call **711**) for help.

Section 1.5 Changes to Benefits & Costs for Medical Services

	2025 (this year)	2026 (next year)
Chiropractic services	In-Network: You pay a \$20 copay per visit Out-of-Network: You pay 50% of the Medicare-allowed amount per service	In-Network: You pay a \$15 copay per visit Out-of-Network: You pay 50% of the Medicare-allowed amount per service
Dental services* - Supplemental (Annual	In- and Out-of-Network: You have a \$2,500 annual	In- and Out-of-Network: You have a \$2,500 annual

	2025 (this year)	2026 (next year)
allowance) Supplemental dental includes Diagnostic and Preventive, Endodontics, Oral and Maxillofacial Surgery, Periodontics, Prosthodontics and Restorative services. Please refer to the information below for current services affiliated with each category.	allowance per year toward all covered supplemental dental services. You pay 100% of charges beyond the \$2,500 allowance, for non-covered services or if you exceed a service limit.	allowance per year toward all covered supplemental dental services. You pay 100% of charges beyond the \$2,500 allowance, for non-covered services or if you exceed a service limit.
Dental services* - Supplemental (Diagnostic and Preventive) Diagnostic and preventive services, includes but not limited to: standard diagnostic exams, problem-focused oral evaluations, cleanings, bitewing X-rays, and panoramic or full mouth X-rays Prior authorization may be required.	In-Network: You pay a \$0 copay through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance You pay 100% of charges beyond the allowance, for non-covered services or if you exceed a service limit.	In-Network: You pay a \$0 copay through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance You pay 100% of charges beyond the allowance, for non-covered services or if you exceed a service limit.
Dental services* - Supplemental (Endodontics) Endodontics, includes but not limited to: root canals, apicoectomy, retrograde filling	In-Network: You pay a \$0 copay through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance	In-Network: You pay a \$0 copay through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance

	2025 (this year)	2026 (next year)
Prior authorization may be required.	You pay 100% of charges beyond the allowance, for non-covered services or if you exceed a service limit.	You pay 100% of charges beyond the allowance, for non-covered services or if you exceed a service limit.
Dental services* - Supplemental (Oral and Maxillofacial Surgery) Oral and Maxillofacial Surgery, includes but not limited to: simple extractions and surgical extractions (including removal of impacted teeth), coronectomy, and other oral surgical procedures typically not covered by a medical plan Prior authorization may be required.	In-Network: You pay 20% of the Plan-allowed amount through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance You pay 100% of charges beyond the allowance, for non-covered services or if you exceed a service limit.	In-Network: You pay 20% of the Plan-allowed amount through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance You pay 100% of charges beyond the allowance, for non-covered services or if you exceed a service limit.
Dental services* - Supplemental (Periodontics) Periodontics, includes but not limited to: periodontal exam, periodontal maintenance, scaling and root planning and full mouth debridement Prior authorization may be required.	In-Network: You pay a \$0 copay through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance You pay 100% of charges beyond the allowance, for non-covered services or if you exceed a service limit.	In-Network: You pay a \$0 copay through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance You pay 100% of charges beyond the allowance, for non-covered services or if you exceed a service limit.

	2025 (this year)	2026 (next year)
Dental services* - Supplemental (Prosthodontics) Prosthodontics, includes but not limited to: complete dentures, partial dentures and denture restoration Prior authorization may be required.	In-Network: You pay 20% of the Plan-allowed amount through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance You pay 100% of charges beyond the allowance, for non-covered services or if you exceed a service limit. NOTE: For 2025, dental implants were a covered service .	In-Network: You pay 20% of the Plan-allowed amount through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance You pay 100% of charges beyond the annual allowance, for non-covered services or if you exceed a service limit. NOTE: For 2026, dental implants are a non-covered service.
Dental services* - Supplemental (Restorative) Restorative, includes but not limited to: fillings, crowns, bridges and dental repair and adjustment Prior authorization may be required.	In-Network: You pay 20% of the Plan-allowed amount through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance You pay 100% of charges beyond the allowance, for non-covered services or if you exceed a service limit. Note: For 2025, dental	In-Network: You pay a 20% of the Plan-approved charges through the annual allowance Out-of-Network: You pay 50% of the billed charges through the annual allowance You pay 100% of charges beyond the allowance, for non-covered services or if you exceed a service limit. Note: For 2026, dental

	2025 (this year)	2026 (next year)
	implants were a covered service.	<u>implants are a non-covered service.</u>
Diabetes self-management training, diabetic services and supplies	<p>In-Network: Diabetic testing supplies: You pay 0% of the Plan-allowed amount for preferred (Ascencia's Contour and Johnson & Johnson's Lifescan OneTouch) diabetic testing supplies You pay 20% of the Plan-allowed amount for all other diabetic testing supplies with an exception</p> <p>Continuous glucose monitors (CGMs): You pay 20% of the Plan-allowed amount for preferred (Dexcom G6 and G7 and Abbott Freestyle Libre) CGMs</p> <p>Out-of-Network: Diabetic testing supplies: You pay 50% of the Medicare-allowed amount for diabetic testing supplies</p> <p>Continuous glucose monitors (CGMs): You pay 50% of the Medicare-allowed amount for CGMs</p> <p>All supplies listed above are</p>	<p>In-Network: Diabetic testing supplies: You pay 0% of the Plan-allowed amount for <u>preferred (Ascencia's Contour and Roche Accu-Check)</u> diabetic testing supplies You pay 20% of the Plan-allowed amount for all other diabetic testing supplies with an exception</p> <p>Continuous glucose monitors: You pay 20% of the Plan-allowed amount for <u>preferred (Dexcom products)</u> CGMs You pay 50% of the Plan-allowed amount for other CGMs with an exception</p> <p>Out-of-Network: Diabetic testing supplies: You pay 50% of the Medicare-allowed amount for diabetic testing supplies</p> <p>Continuous glucose monitors (CGMs): You pay 50% of the Medicare-allowed amount for CGMs</p>

	2025 (this year)	2026 (next year)
	available only at a pharmacy.	All supplies listed above are available only through a pharmacy.
Emergency care - Domestic	In- and Out-of-Network: You pay a \$125 copay per visit	In- and Out-of-Network: You pay a \$130 copay per visit
Inpatient hospital care	In-Network: You pay a \$195 copay per day for days 1-5 You pay a \$0 copay per day for additional days Out-of-Network: You pay a \$295 copay per day for days 1-5 You pay a \$0 copay per day for additional days	In-Network: You pay a \$235 copay per day for days 1-5 You pay a \$0 copay per day for additional days Out-of-Network: You pay 50% of the Medicare-allowed amount per admission
Inpatient services in a psychiatric hospital Limited to a 190-day lifetime benefit	In-Network: You pay a \$195 copay per day for days 1-5 You pay a \$0 copay per day for days 6-190 Out-of-Network: You pay a \$295 copay per day for days 1-5 You pay a \$0 copay per day for days 6-190	In-Network: You pay a \$235 copay per day for days 1-5 You pay a \$0 copay per day for days 6-190 Out-of-Network: You pay 50% of the Medicare-allowed amount per 190-day lifetime benefit

	2025 (this year)	2026 (next year)
Outpatient surgery services - Outpatient hospital facility	In-Network: You pay a \$175 copay Out-of-Network: You pay a \$225 copay	In-Network: You pay a \$175 copay Out-of-Network: You pay 50% of the Medicare-allowed amount
Over-the-Counter (OTC) Benefits	In-Network: You have a \$125 quarterly allowance for OTC products Out-of-Network: Not covered - must use designated vendor	In-Network: You have a \$111 quarterly allowance for OTC products Out-of-Network: Not covered - must use designated vendor
Physician Practitioner services, including doctor's office visits	In-Network: You pay a \$0 copay per visit at a PCP's office You pay a \$25 copay per visit at a Specialist's office You pay a \$25 copay per visit for Wound care Out-of-Network: You pay a \$10 copay per visit at a PCP's office You pay a \$30 copay per visit at a Specialist's office You pay a \$30 copay per visit for Wound care	In-Network: You pay a \$0 copay per visit at a PCP's office You pay a \$25 copay per visit at a Specialist's office You pay a \$25 copay per visit for Wound care Out-of-Network: You pay 50% of the Medicare-allowed amount per visit at a PCP's or Specialist's office or for Wound care
Physician/Practitioner services - Telehealth	In-Network: You pay a \$0 copay per visit	In-Network: You pay a \$0 copay per visit

	2025 (this year)	2026 (next year)
Certain telehealth services, including those for specific urgently needed medical services and individual sessions for specific mental health specialty services.	Out-of-Network: Not covered - must use designated vendor	Out-of-Network: Not covered - must use designated vendor <u>Prior authorization may be required.</u>
Services to treat kidney disease - Dialysis	In-Network: You pay 20% of the Plan-allowed amount for dialysis Out-of-Network: You pay 20% of the Medicare-allowed amount for dialysis	In-Network: You pay 20% of the Plan-allowed amount for dialysis Out-of-Network: You pay 20% of the Medicare-allowed amount for dialysis <u>Prior authorization may be required.</u>
Skilled Nursing Facility (SNF) stay	In-Network: You pay a \$0 copay for days 1-20 You pay a \$214 copay for days 21-100 Out-of-Network: You pay 50% of the Medicare-allowed amount per 100-day benefit period	In-Network: You pay a \$0 copay for days 1-20 You pay a \$218 copay for days 21-100 Out-of-Network: You pay 50% of the Medicare-allowed amount per 100-day benefit period
Transportation services	In-Network: You have 24 one-way trips to Plan-approved locations per year, not to exceed 50	In-Network: You have 24 one-way trips to Plan-approved locations per year, not to

	2025 (this year)	2026 (next year)
	miles one-way per trip Out-of-Network: Not covered - must use designated vendor	exceed <u>60 miles one-way</u> per trip. Out-of-Network: Not covered - must use designated vendor
Urgently needed services - Domestic	In-Network: You pay a \$25 copay per visit	In-Network: You pay a \$45 copay per visit
Vision care* (Eyewear allowance)	In- and Out-of-Network: You have a \$250 allowance for eyewear (lenses and frames or contact) per year	In- and Out-of-Network: You have a \$250 allowance for eyewear (lenses and frames or contacts) <u>every</u> <u>two years</u>

Section 1.6 Changes to Part D Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a formulary or Drug List. A copy of our Drug List is provided electronically.

We made changes to our Drug List, which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs, or moving them to a different cost-sharing tier. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.**

Most of the changes in the Drug List are new for the beginning of each year. However, we might make other changes that are allowed by Medicare rules that will affect you during the calendar year. We update our online Drug List at least monthly to provide the most up-to-

date list of drugs. If we make a change that will affect your access to a drug you're taking, we'll send you a notice about the change.

If you're affected by a change in drug coverage at the beginning of the year or during the year, review Chapter 9 of your *Evidence of Coverage* and talk to your prescriber to find out your options, such as asking for a temporary supply, applying for an exception, and/or working to find a new drug. Call Member Service at **1-800-831-2583** (TTY users call **711**) for more information.

Starting in 2026, we can immediately remove brand name drugs or original biological products on our Drug List if we replace them with new generics or certain biosimilar versions of the brand name drug or original biological product with the same or fewer restrictions. Also, when adding a new version, we can decide to keep the brand name drug or original biological product on our Drug List but immediately add new restrictions.

For example: If you take a brand name drug or biological product that's being replaced by a generic or biosimilar version, you may not get notice of the change 30 days in advance, or before you get a month's supply of the brand name drug or biological product. You might get information on the specific change after the change is already made.

Some of these drug types may be new to you. For definitions of drug types, go to Chapter 12 of your Evidence of Coverage. The Food and Drug Administration (FDA) also provides consumer information on drugs. Go to the FDA website: [www.FDA.gov/drugs/biosimilars/multimedia-education-materials-biosimilars#For%20Patients](https://www.fda.gov/drugs/biosimilars/multimedia-education-materials-biosimilars#For%20Patients). You can also call Member Service at **1-800-831-2583** (TTY users call **711**) or ask your health care provider, prescriber, or pharmacist for more information.

Section 1.7 Changes to Prescription Drug Benefits & Costs

Do you get Extra Help to pay for your drug coverage costs?

If you're in a program that helps pay for your drugs (Extra Help), **the information about costs for Part D drugs may not apply to you.** We sent you a separate material, called the *Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs*, which tells about your drug costs. If you get Extra Help and you don't get this material by Sept. 30, 2025, call Member Service **1-800-831-2583** (TTY users call **711**) and ask for the *LIS Rider*.

Drug Payment Stages

There are **3 drug payment stages**: the Yearly Deductible Stage, the Initial Coverage Stage, and the Catastrophic Coverage Stage. The Coverage Gap Stage and the Coverage Gap Discount Program no longer exist in the Part D benefit.

- **Stage 1: Yearly Deductible**

You start in this payment stage each calendar year. During this stage, you pay the full cost of your Part D drugs until you reach the yearly deductible.

- **Stage 2: Initial Coverage**

Once you pay the yearly deductible, you move to the Initial Coverage Stage. In this stage, our plan pays its share of the cost of your drugs, and you pay your share of the cost. You generally stay in this stage until your year-to-date Out-of-Pocket costs reach \$2,100.

- **Stage 3: Catastrophic Coverage**

This is the third and final drug payment stage. In this stage, you pay nothing for your covered Part D drugs. You generally stay in this stage for the rest of the calendar year.

The Coverage Gap Discount Program has been replaced by the Manufacturer Discount Program. Under the Manufacturer Discount Program, drug manufacturers pay a portion of our plan's full cost for covered Part D brand name drugs and biologics during the Initial Coverage Stage and the Catastrophic Coverage Stage. Discounts paid by manufacturers under the Manufacturer Discount Program don't count toward out-of-pocket costs.

Drug Costs in Stage 1: Yearly Deductible

The table shows your cost per prescription during this stage

	2025 (this year)	2026 (next year)
Yearly Deductible	The deductible is \$590 .	The deductible is \$615.

Drug Costs in Stage 2: Initial Coverage

The table shows your cost per prescription for a one-month (30-day) supply filled at a network pharmacy with standard and preferred cost sharing.

Most adult Part D vaccines are covered at no cost to you. For more information about the costs of vaccines, or information about the costs for a long-term supply; or for mail-order prescriptions, go to Chapter 6 of your *Evidence of Coverage*.

Once you've paid \$2,100 out of pocket for covered Part D drugs, you'll move to the next stage (the Catastrophic Coverage Stage).

	2025 (this year)	2026 (next year)
Generic:	Your cost for a one-month supply is 25% coinsurance.	Your cost for a one-month supply at a network pharmacy is 25% coinsurance.
	OR	OR
	Generic:	Generic:
	\$0 to \$4.90 copay*	\$0 to \$5.10 copay*
Brand:	Brand:	Brand:
	\$0 to \$12.15 copay*	\$0 to \$12.65 copay*
	You pay no more than \$35 per month supply of each covered insulin product on this tier.	You pay no more than \$35 per month supply of each covered insulin product on this tier.

Changes to the Catastrophic Coverage Stage

If you reach the Catastrophic Coverage Stage, you pay nothing for your covered Part D drugs.

For specific information about your costs in the Catastrophic Coverage Stage, go to Chapter 6, Section 6 in your *Evidence of Coverage*.

SECTION 2 Administrative Changes

	2025 (this year)	2026 (next year)
Medicare Prescription Payment Plan	<p>The Medicare Prescription Payment Plan is a payment option that began this year and can help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January - December).</p> <p>You may be participating in this payment option.</p>	<p>If you're participating in the Medicare Prescription Payment Plan and stay in the same Part D plan, your participation will be automatically renewed for 2026.</p> <p>To learn more about this payment option, call us at 1-800-831-2583 (TTY users call 711) or visit www.Medicare.gov.</p>

SECTION 3 How to Change Plans

To stay in BlueAdvantage Extra, you don't need to do anything. Unless you sign up for a different plan or change to Original Medicare by December 7, 2025, you'll automatically be enrolled in our BlueAdvantage Extra.

If you want to change plans for 2026, follow these steps:

- **To change to a different Medicare health plan,** enroll in the new plan. You'll be automatically disenrolled from BlueAdvantage Extra.
- **To change to Original Medicare with Medicare drug coverage,** enroll in the new Medicare drug plan. You'll be automatically disenrolled from BlueAdvantage Extra.
- **To change to Original Medicare without a drug plan,** you can send us a written request to disenroll. Call Member Service at **1-800-831-2583** (TTY users call **711**) for more information on how to do this. Or call **Medicare** at 1-800-MEDICARE (1-800-633-4227) and ask to be disenrolled. TTY users can call 1-877-486-2048. If you don't enroll in a Medicare drug plan, you may pay a Part D late enrollment penalty (Go to Section 1.1).

- **To learn more about Original Medicare and the different types of Medicare plans,** visit www.Medicare.gov, check the *Medicare & You 2026* handbook, call your State Health Insurance Assistance Program (go to Section 5), or call 1-800-MEDICARE (1-800-633-4227). As a reminder, BlueCross BlueShield of Tennessee, Inc. (plan/Part D sponsor) offers other Medicare health plans. These other plans can have different coverage, monthly plan premiums, and cost-sharing amounts.

Section 3.1 Deadlines for Changing Plans

People with Medicare can make changes to their coverage from **October 15 – December 7** each year.

If you enrolled in a Medicare Advantage plan for January 1, 2026, and don't like your plan choice, you can switch to another Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) between January 1 – March 31, 2026.

Section 3.2 Are there other times of the year to make a change?

In certain situations, people can have other chances to change their coverage during the year. Examples include people who:

- Have Medicaid
- Get Extra Help paying for their drugs
- Have or are leaving employer coverage
- Move out of our plan's service area

If you recently moved into or currently live in, an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for 2 full months after the month you move out.

SECTION 4 Get Help Paying for Prescription Drugs

You can qualify for help paying for prescription drugs. Different kinds of help are available:

- **Extra Help from Medicare.** People with limited incomes may qualify for Extra Help to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly drug plan premiums, yearly deductibles, and coinsurance. Also, people who qualify won't have a late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048, 24 hours a day, 7 days a week.
 - Social Security at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday -Friday for a representative. Automated messages are available 24 hours a day. TTY users call 1-800-325-0778.
 - Your State Medicaid Office.
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible people living with HIV/AIDS have access to life-saving HIV medications. To be eligible for the ADAP operating in your state, you must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D drugs that are also covered by ADAP qualify for prescription cost-sharing help through the Ryan White Program (Tennessee's AIDS Drug Assistance Program). For information on eligibility criteria, covered drugs, how to enroll in the program, or, if you're currently enrolled, how to continue getting help, call the Ryan White Program (Tennessee's AIDS Drug Assistance Program) at 1-615-741-7500, Monday - Friday, 8:00 a.m. to 4:30 p.m. CT. Or, in Georgia, call the Ryan White Program (Georgia's AIDS Drug Assistance Program) at 1-404-757-9805, Monday - Friday 8:00 a.m. to 5:00 p.m. ET or, if messages are full, you can email GAAPP@dph.ga.gov.]. Be sure, when calling, to inform them of your Medicare Part D plan name or policy number.
- **The Medicare Prescription Payment Plan.** The Medicare Prescription Payment Plan is a payment option that works with your current drug coverage to help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January – December). Anyone with a Medicare drug plan or Medicare health plan with drug coverage (like a Medicare Advantage plan with drug coverage) can use this payment option. **This payment option might help you manage your expenses, but it doesn't save you money or lower your drug costs.**

Extra Help from Medicare and help from your SPAP and ADAP, for those who qualify, is more advantageous than participation in the Medicare Prescription Payment Plan. All members are eligible to participate in the Medicare Prescription Payment Plan. To learn more about this payment option, call us at **1-800-831-2583**, (TTY users should call **711**) or visit www.Medicare.gov.

SECTION 5 Questions?

Get Help from BlueAdvantage Extra

- **Call Member Service at 1-800-831-2583. (TTY users call 711.)**

We're available for phone calls from **Oct. 1 to March 31**, you can call us 7 days a week from 8 a.m. to 9 p.m. ET. From **April 1 to Sept. 30**, you can call us Monday through Friday from 8 a.m. to 9 p.m. ET. Calls to these numbers are free.

- **Read your 2026 Evidence of Coverage**

This *Annual Notice of Change* gives you a summary of changes in your benefits and costs for 2026. For details, go to the 2026 *Evidence of Coverage* for BlueAdvantage Extra. The *Evidence of Coverage* is the legal, detailed description of our plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. Get the *Evidence of Coverage* on our website at bcbstmedicare.com or call Member Service **1-800-831-2583** (TTY users call **711**) to ask us to mail you a copy.

- **Visit bcbstmedicare.com**

Our website has the most up-to-date information about our provider network (*Provider Directory/Pharmacy Directory*) and our *List of Covered Drugs* (formulary/Drug List).

Get Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Tennessee, the SHIP is called Tennessee State Health Insurance Assistance Program.

Call Tennessee State Health Insurance Assistance Program to get free personalized health insurance counseling. They can help you understand your Medicare plan choices and answer questions about switching plans. Call Tennessee State Health Insurance Assistance Program

at 1-877-801-0044 (Toll-Free). Learn more about Tennessee State Health Insurance Assistance Program by visiting (tn.gov/disability-and-aging/disability-aging-programs/tn-ship.html).

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Georgia, the SHIP is called Georgia State Health Insurance Assistance Program.

Call Georgia State Health Insurance Assistance Program to get free personalized health insurance counseling. They can help you understand your Medicare plan choices and answer questions about switching plans. Call Georgia State Health Insurance Assistance Program at 1-866-552-4464 (Toll-Free). Learn more about Georgia State Health Insurance Assistance Program by visiting their website (<https://aging.georgia.gov/georgia-ship>).

Get Help from Medicare

- **Call 1-800-MEDICARE (1-800-633-4227)**

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users can call 1-877-486-2048.

- **Chat live with www.Medicare.gov**

You can chat live at www.Medicare.gov/talk-to-someone.

- **Write to Medicare**

You can write to Medicare at PO Box 1270, Lawrence, KS 66044

- **Visit www.Medicare.gov**

The official Medicare website has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area.

- **Read *Medicare & You 2026***

The *Medicare & You 2026* handbook is mailed to people with Medicare every fall. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. Get a copy at www.Medicare.gov or by calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.